

2025

January

- National Mentoring Month
- Poverty in America Awareness Month
- Slavery & Human Trafficking Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	01 New Year's Day	02	03	04 World Braille Day
05	06	07 Eastern Orthodox Christmas	08	09	10	11
12	13 Korean American Day	14 Mahayana New Year (Buddhist) Orthodox New Year (Eastern Orthodox) Makar Sankranti	15	16	17	18
19 World Religion Day	20 Martin Luther King, Jr. Day	21 National Day of Racial Healing	22	23	24 International Day of Education	25
26 International Customs Day	27 International Holocaust Remembrance Day	28	29 Lunar New Year	30	31	01

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February

- Black History Month
- American Heart Month
- Psychology Month
- Recreation Therapy Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	01 National Freedom Day
02 Vasant Panchami	03	04 World Cancer Day	05	06	07	08
09	10	11 Safer Internet Day International Day of Women and Girls in Science	12 Makha Bucha (Buddhist) Magha Puja Day (Buddhist) Tu b'shevat (through 02/13, Jewish)	13	14 Have a Heart Day (Canada) St. Valentine's Day	15 Nirvana Day (Buddhist)
16	17 Presidents' Day	18	19	20 World Day of Social Justice	21 National Caregivers Day International Mother Language Day	22
23	24	25	26	27	28 Rare Disease Day Ramadan (through 03/30, Muslim)	01

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March

- National Women's History Month
- Developmental Disabilities Awareness Month
- Greek American Heritage Month
- Gender & Ethnic Equality Month
- National Colon Cancer Awareness Month
- National Multiple Sclerosis Awareness & Education Month
- Deaf History Month
- Irish-American Heritage Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	01 Black Women's Equal Pay Day Zero Discrimination Day
02	03	04 Mardi Gras	05 Equal Pay Day Ash Wednesday (Christian)	06	07 Employee Appreciation Day	08 International Women's Day
09	10	11	12	13 Purim (through 03/14)	14 Holi (Hindu)	15
16	17 St. Patrick's Day Neurodiversity Celebration Week (through 03/23)	18	19	20	21 World Down Syndrome Day International Day for the Elimination of Racial Discrimination	22
23	24	25 International Day of Remembrance of the Victims of Slavery	26	27	28	29 Eid al-Fitr (through 03/30, Muslim)
30	31 International Transgender Day of Visibility	01	02	03	04	05

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April

- Arab-American Heritage Month
- Autism Awareness Month
- Celebrate Diversity Month
- Earth Month
- National Child Abuse Prevention Month
- National Volunteer Month
- National Deaf History Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	01	02 World Autism Awareness Day	03	04	05
06	07 World Health Day	08 Equal Pay Day	09	10	11 National Day of Silence	12 Passover Begins (through 04/20, Jewish)
13 Palm Sunday (Christian)	14 Sikh (Hindu)	15	16	17	18 Good Friday (Christian)	19
20 Easter (Christian)	21	22 Earth Day	23 Yom Hashoah (through 04/24, Jewish)	24	25	26 Lesbian Visibility Day
27	28	29	30	01	02	03

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May

- National Asian American and South Pacific Islander Heritage Month
- ALS Awareness Month
- Haitian Heritage Month
- Jewish-American Heritage Month
- Military Appreciation Month
- Mental Health Awareness Month
- Older Americans Month
- National Speech-Language-Hearing Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	01	02	03 Asian American, Native Hawaiian and Pacific Islander Women's Equal Pay Day
04	05 Cinco de Mayo National Day for Awareness of Missing and Murdered Indigenous Women and Girls	06	07	08	09	10
11 Mother's Day	12	13	14	15 Global Accessibility Awareness Day	16	17 Int'l Day Against Homophobia, Transphobia and Biphobia
18	19	20	21 World Day for Cultural Diversity for Dialogue & Development	22 Declaration of the Bab (through 05/23, Baha'i)	23	24
25	26 Memorial Day	27	28 Ascension of Baha'u'llah (Baha'i)	29	30	31

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June

- LGBTQIA+ Pride Month
- Alzheimer's and Brain Awareness Month
- Black Music Month
- National Caribbean American Heritage Month
- AIDS Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02	03	04 The Hajj (through 06/09, Islamic)	05 World Environment Day	06	07 Eid al-Adha (through 06/10, Muslim)
08 Race Unity Day	09	10	11	12 Loving Day Shavuot (through 06/13, Jewish)	13 LGBTQIA+ Equal Pay Awareness Day	14
15 Father's Day	16	17	18 International Day for Countering Hate Speech	19 Juneteenth	20 World Refugee Day	21
22	23	24	25	26	27	28 LGBTQIA+ Pride Day
29	30	01	02	03	04	05

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July

- BIPOC Mental Health Awareness Month
- Disability Pride Month
- French American Heritage Month
- South Asian Heritage Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	01 Canada Day	02	03	04 Independence Day (US)	05
06 Al-Hijiri (through 07/08, Islamic)	07	08	09	10	11 World Population Day	12
13	14 International Non-Binary People's Day	15	16	17	18 Nelson Mandela Day	19
20	21	22	23	24	25	26 Disability Independence Day
27	28	29	30 International Day of Friendship	31	01	02

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August

- National Civility Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	01	02
03	04	05	06	07 Purple Heart Day	08	09 International Day of the World's Indigenous Peoples
10	11	12	13 International Lefthanders Day	14	15 Feast of Assumption (Roman Catholic)	16
17 National Nonprofit Day	18	19 World Humanitarian Day	20	21 Paryushana (through 08/28, Jain) Senior Citizens Day	22	23 International Day of Remembrance of the Slave Trade & its Abolition
24	25	26 Women's Equality Day	27 Ganesh Chaturthi (Hindu)	28	29	30
31 International Day for People of African Descent	01	02	03	04	05	06

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September

- National Hispanic-Latinx Heritage Month (Sept. 15 - Oct. 15)
- National Recovery Month
- National Guard Dog Month
- Suicide Prevention Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01	02 Labor Day (US)	03	04	05 International Day of Charity	06
07 International Day of Clean Air	08 International Day of Literacy	09	10 World Suicide Prevention Day	11 Patriot Day (US)	12	13
14	15 World Afro Day International Day of Democracy	16 Mexican Independence Day	17	18 International Equal Pay Day	19	20 HeforShe
21 International Day of Peace National Women's Friendship Day	22 American Business Women's Day Rosh Hashanah (through 09/24, Jewish)	23 International Day of Sign Languages	24	25	26 European Day of Languages	27 National Native American Day (US) National Public Lands Day
28	29	30	01	02	03	04

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October

- National Hispanic-Latinx Heritage Month (Sept. 15- Oct. 15)
- Global Diversity Awareness Month
- National Disability Employment Awareness Month
- National Polish American Heritage Month
- Breast Cancer Awareness Month
- Bullying Awareness Month
- Domestic Violence Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	01 Yom Kippur (through 10/02, Jewish) Defender of Ukraine Day	02 International Day of Non-Violence	03	04
05	06 Sukkot (through 10/13, Jewish)	07	08	09	10 World Mental Health Day	11 National Coming Out Day
12	13 Indigenous Peoples Day	14	15 White Cane Safety Day	16 Spirit Day International Pronouns Day	17 International Day for the Eradication of Poverty	18
19	20 Diwali (Hindu)	21	22 International Stuttering Awareness Day	23	24	25
26 Intersex Awareness Day	27	28	29	30	31 Halloween	01

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November

- National American Indian & Alaska Native Heritage Month
- National Family Caregivers Month
- Military Family Month
- Movember (awareness of men's health issues)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	01 All Saints Day (Catholic)
02 All Souls Day (Catholic)	03	04	05	06	07	08
09 World Freedom Day	10	11 Veteran's Day	12	13 World Kindness Day	14	15
16 International Day for Tolerance	17	18	19 International Men's Day	20 Transgender Day of Remembrance	21	22
23	24	25 International Day for the Elimination of Violence Against Women	26	27 Thanksgiving (US)	28 Native American Heritage Day	29
30 Native American Women's Equal Pay Day	01	02	03	04	05	06

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December

- HIV / AIDS Awareness Month
- Universal Human Rights Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	01 World AIDS Day	02 Giving Tuesday	03 International Day of Persons with Disabilities	04	05 International Volunteer Day	06
07	08 Bodhi Day (Buddhist) Feast of the Immaculate Conception (Christian)	09 International Genocide Prevention Day	10 International Human Rights Day	11	12 Feast of Our Lady of Guadalupe (Christian)	13
14 Hanukkah (through 12/22, Jewish)	15	16	17	18	19	20
21	22	23	24	25 Christmas (Christian)	26 Kwanzaa (through 01/01, US)	27
28	29	30	31	01	02	03